



Ponderosa Press



Ponderosa Estates Homeowners Association Newsletter

June 2012 Edition

****Next PEHOA meeting Monday June 4th**

**@ Jeff and Aimee Wilkin's House, 20310 108th St E. 7pm
See you there !**

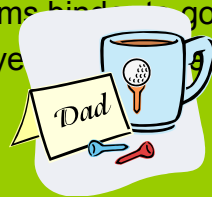
**Bonney Lake Senior Center offers Father's Day Events
Father's Day Fishing Trip**



Thursday, June 14th @ 9:30am

Cost: \$5 for transportation and lunch ~ Please see any staff member to prepay

We will be fishing at the beautiful Jim's U Fish in Spanaway again! They have not only fishing ponds but gorgeous walking trails, a petting zoo, souvenir shop and lots more! The Senior Advisory Board will pay to have you catch 2 fish for our luncheon the next day, anything more then 2 fish you will have to pay for yourselves. Lunch will be provided for you. Sign up in the programs binder to go. Be sure to wear comfortable tennis shoes and layers. If the weather is cool.



Father's Day Luncheon

Friday, June 15th @ 9:30am

Cost: \$5 ~ Please see any Bonney Lake Senior Center staff member to prepay for this event

Sign up in the programs binder to reserve your spot. We all will be Enjoying a wonderful fresh trout luncheon! Root beer floats, snacks and games!

**Kids Club at Cedar view Park
July 9 through August 28, 2012
Mondays @ 6:30 pm
Tuesdays @ 11:00 am
Location: [Cedar view Park](#)**



Join in the fun this summer! Enjoy great events at the park all summer long. For the second year in a row, Kids Club events are scheduled on both Monday evenings AND Tuesdays during the day, so everyone can have some fun on their schedule. See the Bonney Lake City website for updated schedule of events. http://www.ci.bonney-lake.wa.us/section_community/parks_recreation

The Ponderosa Press Editor attempted to speak To the Bonney Lake City Planners Office to Obtain information regarding the spray painted Lines that have shown up on our streets. As of Today June 1st, 2012 I have not received a Call back from them. I will continue To call and ask questions until I get answers for This issue.

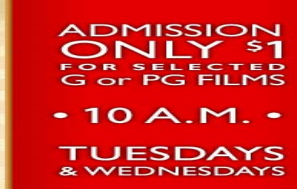


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Regal Cinemas Summer Movie Express

I don't know about you all, but I am soooo ready for summer! Here in Western Washington we are soaking up every bit of sun we can get and trust me there isn't much these days. So, while we are all dreaming of summer, take a look at the [\\$1 Regal Movies](#) that will start May 29th & all summer! Regal Cinemas will play select G and PG movies every Tuesday and Wednesday at 10 a.m. for only \$1 a person (I know, they used to be free. The nice part is, it looks like they will be donating some of the proceeds to The Will Rogers Institute). See the [Regal Summer Movie Express](#) page to look up our local theater, click on "Find a theater by zip code" and press search, don't press enter, it won't do anything. Pick a movie you and family would like to see and enjoy. Plan a fun activity to do with your kids and grandkids this summer!

Check it out.



Catch and Release Fishing in our Lake Keeps Fish Populations Stable

- **Catch and release** was first started in the 1960's as a way to conserve fish when the fisherman had no plans to use it for food. We should be practicing it in our own lake so that we can enjoy the opportunity to go fishing with our kids and grandkids in our own back yards and NOT deplete the supply of fish.
- The goal is to release your fish, it must be as unstressed a possible. Handle it as little as possible, and avoid holding it with dry hands at all so that the protective slime coat is not removed from the fish.
- If you don't have a fish with very sharp teeth, you will be able to grasp the lower lip between your thumb and pointer finger and hold the fish vertically. Make sure that you support a larger fish under its belly. Hold the fish with sharper teeth around the back of their heads, holding the gills closed. Try not to keep a fish out of the water any longer than you can hold your breath, and don't tear out the hook but rather, gently slide it out. If the fish hook is deeply embedded, cut the line and release your fish. Contrary to what you've heard, the hook will rust and dissolve, or will in fact come out itself without doing any harm to the fish, but ripping it out, will in fact many times kill the fish.
- If you are finding that the lures or bait that you're using is being swallowed or that deep hooking is taking place very often, cut your hooks so that they no longer have barbs, or buy barbless hooks.
- Removing these is a lot easier and much healthier for the fish. If a fish that you want to release becomes unconscious, attempt to revive it by moving it back and forth in the water so that water will flow through the fishes gills. When it begins to move and struggle, then you can safely let it go. Happy fishing !



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Don't Be the Main Mosquito Attraction This Summer

by [Deborah Taylor-Hough](#)

One of the best ways to keep mosquitoes from getting the bite on you is to avoid being the main attraction at your local mosquito theme park in the first place. Understanding a bit about mosquito behavior can help avoid calling unnecessary attention to yourself. Mosquitoes identify their targets by sight, heat and smell. Avoid physically active movement (exercise, ball games, yard work, etc.) during peak mosquito hours to keep them from noticing you from a distance.

Peak mosquito times tend to be right around dusk and dawn. Reduce outside lights in the evening hours (use yellow bulbs, if possible).

Wear light colors during the daytime, as dark clothing during daylight hours actually attracts the little buggers. According to one report, mosquitoes prefer blue and green so you're better off wearing yellows, reds and oranges.

Mosquitoes are attracted to perspiration, heat, carbon dioxide, and lactic acid. All of these are produced after exercising, so avoid outdoor exercise during peak mosquito hours (at dawn and dusk). Our bodies also release lactic acid after eating certain foods, so avoiding outdoor dining during those hours is helpful, as well. Commonly believed mosquito-attracting foods include bananas (or other potassium-rich food items), and salty foods.

Avoid perfumes when outside. Using hand creams and lotions with a sweet scent can also increase your risk of attracting mosquitoes, so go for the unscented varieties during mosquito season. Try using unscented soaps when showering, too. Even though they're rinsed off, the scent remains on your skin and attracts Bugs.

Keeping a barrier between yourself and mosquitoes is a simple and natural way to avoid bites. Be sure to wear long sleeves and long pants when outdoors at dusk, or in areas with an especially high concentration of mosquitoes (woods, swamps, hiking trails). And use screens in all your home's doors and windows during summer months.

Several gardeners assured me that planting marigolds, scented geraniums (rub the leaves on your skin too), rosemary, catnip, peppermint, spearmint, daisies, verbena, spike lavender (not the sweet French variety), basil, thyme, garlic, allspice, cedar, and lemon grass around the yard naturally repels insects.

Decorating with eucalyptus is also rumored to be helpful. You can make your own insect-repelling sachets by drying the flowers and leaves from the above plants and placing them into small, hand-sewn cotton bags.

Eliminate their Breeding Grounds

The first step in avoiding the bite is to eliminate the local mosquito population at its source. Mosquitoes use stagnant water for their breeding grounds, so drain any collections of stagnant water found in your yard, neighborhood or workplace.

Also keep your eye out for these sources of standing water: Discarded tires, roof gutters clogged with leaves or other debris, rain barrels, wading pools, drainage ditches, paint buckets, tin cans, paper cups or other discarded trash, trash containers, infrequently used yard equipment, plant containers, bird baths, broken toys, pet water bowls, and holes in tree stumps.

If your kids want to play in their wading pool, be sure to dump the water out at least once a week and turn the pool upside down when not in use so rain doesn't collect in it. And if you want to keep your birdbath and pet's outdoor watering bowl, be sure to clean out the water at least two times each week. If you have an outdoor fish pond with goldfish or amphibians, the fish will eat the mosquito larva so you won't need to drain the fish pond.



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Planning is the Key to Fun Frugal Family Vacations

Frugal family vacations, and we'll be looking at a lot of different ways to save money and still enjoy relaxing time together as a family. This column will help to organize your vacation budget and finances. Be sure to check the forms at the end of the article! Vacations do not have to be expensive, especially if you plan ahead. The most important step is to consider where you will need to spend your money—transportation, food, lodging, etc.

First, you need to set a budget based on the cash you have on hand and whatever you will be willing to put on your credit card. If you are going to pay for part of your vacation with credit, be sure that you have a plan in place to pay off that balance as soon as possible. One of the best ways to save money is to look for vacation packages that include lodging and entertainment in one price. Usually you have to book a room for a certain number of nights, but you'll save money on tickets to theme parks and other local attractions. Often it is worth it to use a local travel agent, as they have access to deals that you cannot get on your own. You might want to call a couple of local agents to see if they have any specials available. You can also save money by staying at a campground.

If you would like to take a vacation away from home but just cannot afford it right now, here are some ideas for you: Spend some "technology-free" time together. Turn off the TV, computers, video games, etc., and get out the board games, read a book together, go on a picnic at the park, etc. You don't have to travel to get back in touch with each other. Take some time to teach your child a new craft or sport or share your hobby. Help your child get to know you better! Search the Internet for attractions in your state to visit. Museums and aquariums are often less expensive options and are highly enjoyable for all ages. Many will be just a few hours away, so you don't have to travel to get back in touch with each other. Take some time to teach your child a new craft or sport or share your hobby. Help your child get to know you better! Search the Internet for attractions in your state to visit. Museums and aquariums are often less expensive options and are highly enjoyable for all ages. Many will be just a few hours away, so you won't have to stay overnight. Check with your local parks for free programs. My nearest park has free nature classes and programs all summer long . . . we really enjoy them, especially the kayaking trips in the lake.

]]Use your imagination, and plan some fun days for your family and friends. Get all of the kids (and adults!) together for a day of crafts, outdoor water fun, a barbecue, a nature hike and picnic, etc. Read the local paper for free festivals, concerts, and outdoor events to visit. Get outside and enjoy the time together. Invest in a family-sized tent, and camp out in various state parks. Most kids love camping! Buy tickets to your local theater, and expose your children to some "fine arts" entertainment.
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Planning is the Key to Fun Frugal Family Vacations...CONTINUED

Before you get in the car or plane to travel to your vacation destination, plan activities that will keep the kids busy. If they are busy, you might not hear, "Are we there yet?" as often! Head to the local dollar store, and buy some items for a travel "goody bag" like coloring books and crayons, search-a-words, handheld games, stickers and paper, Mad Libs™, etc. Wrap each item and have a schedule set so that the kids know when they can open up a new "present." This could include times when you cross state lines, stop for a gas refill, see a certain roadside sign, etc. Make it a fun travel "treasure hunt." Don't forget to include some snacks and times to eat them. Hungry children do not make for a good trip!

If you are able to afford to travel this year, here are some more tips for saving money when planning for your vacation. At the end of the article, you will find a vacation checklist to remind you of all of the steps to take to plan the perfect vacation. As you book the various parts of your vacation, be sure to print out and/or copy all receipts and file in a folder for future reference. That way, you'll be able to refer quickly to all of the important details.

Transportation—If you will be flying to your destination, consider purchasing your tickets online. Many of the online companies sell tickets cheaper than buying directly through the airline itself. If you are driving, be sure that your car is ready for the trip; check oil level and change the oil if necessary. Be sure the tires are properly inflated, etc. Taking these steps will help you get better gas mileage. You may also want to consider renting a larger vehicle for reasons of comfort, especially if you'll be in the car a lot during your vacation. It may be a small price to pay for greater enjoyment of your time together.

Lodging—Personally, if I'm going to stay in one place for a week, I really don't want to spend it in a hotel room. My parents just told me how to find good deals on vacation condos. Go to www.Hotels.com and click on *Condos, B&B* at the top of the page. Then enter the information about the location you wish to visit, and you get a listing of condos available in the area. The condos have been rated by past visitors, and many of the places offer specials if you stay more than two or three nights. The prices for these condos are often the same or even **less** than area hotel rooms. In addition, because you have a kitchen in your condo, you'll have the choice of eating "at home," which will save you money and give you a break from eating in restaurants all week long. CONTINUES ON NEXT PAGE...





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Planning is the Key to Fun Frugal Family Vacations...CONTINUED

Food—I often think that food is the most expensive part of vacations. If you decide to stay in a hotel, choose one that offers a nice and **free** buffet breakfast in the mornings. Holiday Inn Express hotels offer a wonderful variety of hot and cold choices. Other popular hotel chains offering complimentary breakfasts include Hampton Inn, Best Western, Comfort Inn & Suites, and Ramada Inn. If you will be visiting theme parks during your stay (Disney, Sea World, etc.), be aware that most places will allow you to bring in food or to leave the park and return the same day. Food at theme parks is notoriously expensive! Something else we often do during vacations is to buy meals and split them among the family. “Extra value meals” at fast food restaurants offer larger servings of fries and drinks. Dinner portions at many restaurants are often enough for two people, or, if you are staying in a condo, you can take the leftovers back and reheat for another meal. During vacations, we keep a cooler in the car full of drinks and quick snacks so that we are not tempted to stop at a convenience store and pay more for them. Plan ahead and you’ll save money!

Entertainment—Vacations often include visits to theme parks, museums, aquariums, and the like. You can save a lot of money by checking out these places online and buying tickets in packages. For example, purchasing tickets for Disney, Sea World, and Universal together will usually save you money, and free parking is often included in the package. Sometimes it is cheaper to buy yearly passes to an attraction if your family will be visiting it more than twice during the week!

Souvenirs—Of course, no vacation is complete without a couple of souvenirs to take home. We all know that the items available in the theme park gift shops are often a bit pricey. There are several ways to handle this. First, at the beginning of the trip, you can give each of the children a certain amount to from eating in restaurants all week long. spend during the entire vacation. This teaches them to choose items that mean the most to them. Once the money is gone, it’s gone! An inexpensive way to remember the trip is to take lots of pictures, buy some postcards of the area attractions you visited, and create a scrapbook or framed collage that the children can look through over and over again. Children outgrow t-shirts and stuffed animals, so give them a longer-lasting memory with pictures and postcards. Or encourage your children to collect a certain item at each place they visit. Inexpensive items often available include pencils, key chains, plastic cups, and magnets. A final idea is to look for these items in stores that are in the area. Souvenir items are more expensive **in** the theme parks, so look **outside** them for items to take home.



I hope I have started you thinking about how you can save money and still enjoy a vacation with your family.
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Planning is the Key to Fun Frugal Family Vacations...CONTINUED

Vacation Checklist

- Set budget and start saving for vacation.
- Research and book lodging.
- Prepare for travel (book plane flights, get car ready, rent vehicle, etc.).
- Buy snack foods for trip.
- Prepare children's "goody bags."
- Have mail held at post office, or arrange for neighbor to collect it (don't forget to make similar arrangements for your Newspaper).
- Turn off water going to house to avoid any possibility of water leaking anywhere.
- Set a few lamps to turn on & off with timed switches so that it looks like you are still home.
- Leave emergency contact info with family or friends.
- Arrange pet care (board them or get a pet sitter).
- Get cash from bank and/or be sure debit/credit cards are packed.
- Determine any technology to bring along (portable TV, handheld games, etc.).
- Pack luggage; be sure to pack apparel needed for cooler and rainy days.
- Be sure medical insurance cards are packed.
- Be sure all medications are packed; take along pain and upset stomach medicines.
- Pack garbage bags to use to pack up dirty and/or wet clothes for return trip.

